

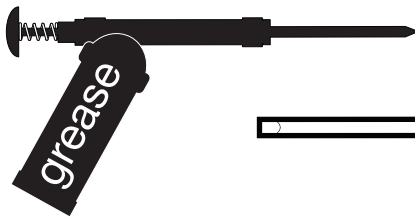
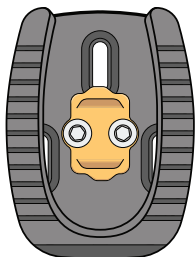
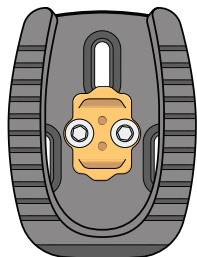
# 3 Hole Cleat

Installation Manual

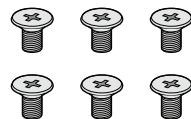
Rev. A - 8.28.18

**Tool List:**

- Screwdriver
- Grease
- Small Flat-head Screwdriver

**3 Hole Cleat Kit Contents:** Part No. 15289

6 Short Screws



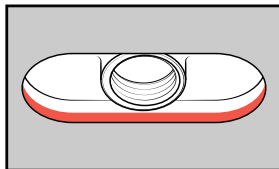
6 Long Screws



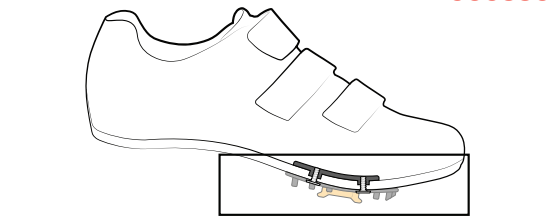
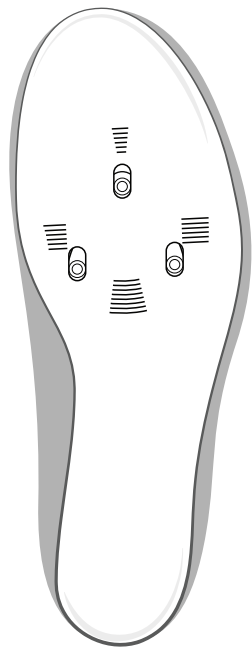
# Step 1: Determine your shoe type

Take a look at your shoes and use the guide below to determine which length screws to use.

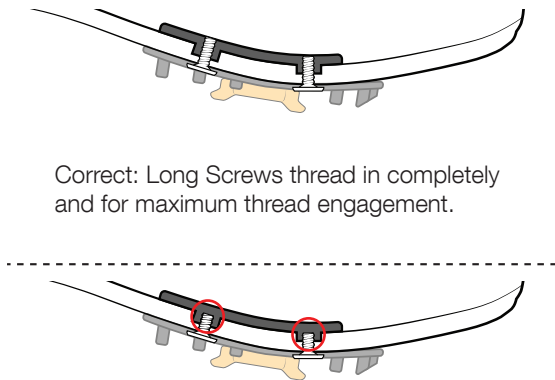
Some shoes will have a bit of a recess in the sole before the threads start. This is common on shoes with an adjustable cleat plate. The goal is to get as much thread engagement without poking through the sole. Long screws would be the ideal choice for most shoes of this type.



**Recessed**

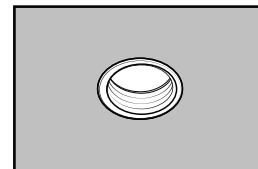


Correct: Long Screws thread in completely and for maximum thread engagement.

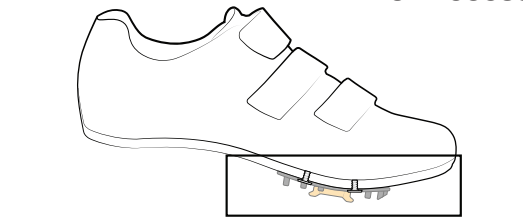
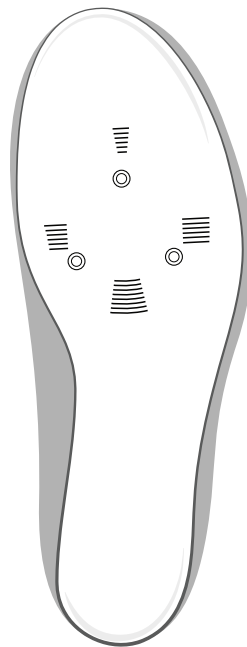


Incorrect: Short Screws thread in partially and do not provide proper thread engagement.

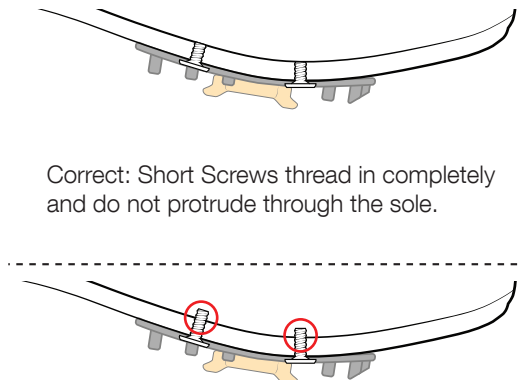
Some shoes will have no recess in the sole before the threads start. Short screws will provide more than a sufficient amount of thread engagement for these types of shoes.



**Not Recessed**



Correct: Short Screws thread in completely and do not protrude through the sole.

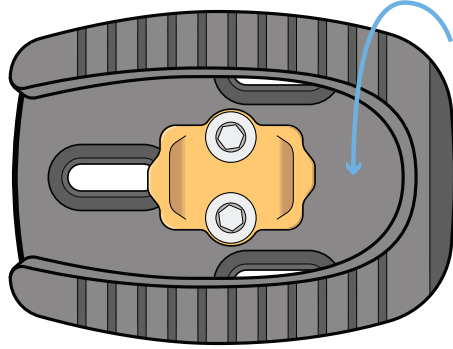


Incorrect: Long Screws thread in too far and can protrude through the sole.

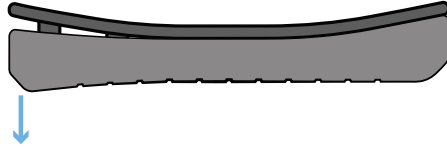
## Step 2: Disassembly

For packaging purposes, the 3-hole cleats come assembled.

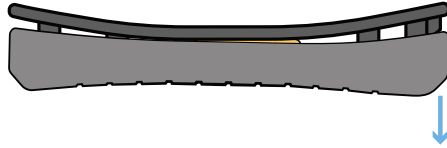
The first step is to remove the tread to install the cleats. Pry off each side sepperately, working from **the side of the cleat** is ideal.



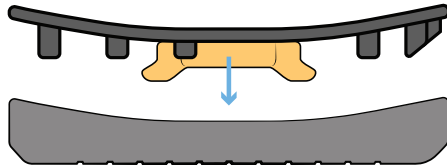
Using a small screwdriver, gentle pry one side of the tread off of the cleat base plate.



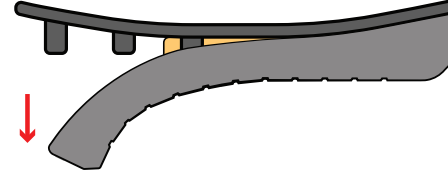
Using a small screwdriver, gentle pry the opposite side of the tread off of the cleat base plate.



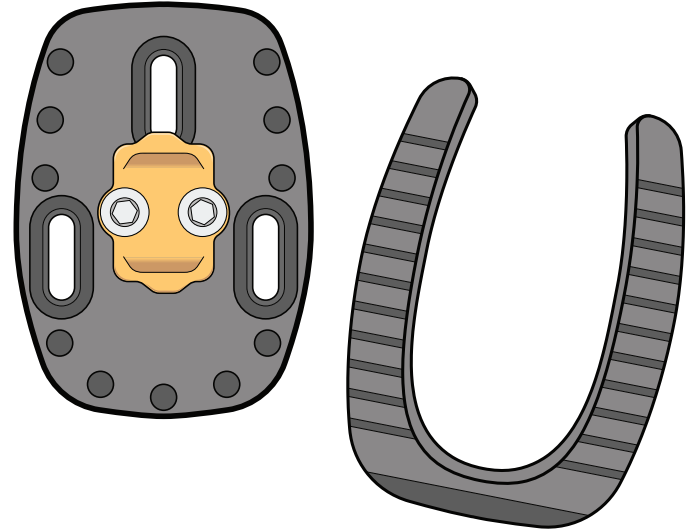
Pull from the middle of the tread to remove it.



Note: Pulling from one side only may cause damage to the tread.

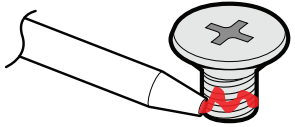


Once the tread is removed, set aside for later use.



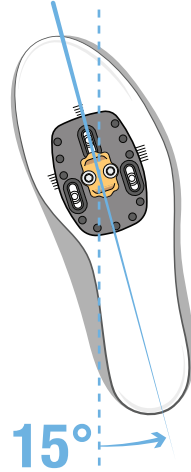
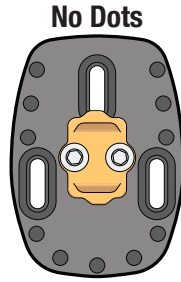
## Step 3: Fitting your cleats

Determine your release angle and fore / aft positioning.

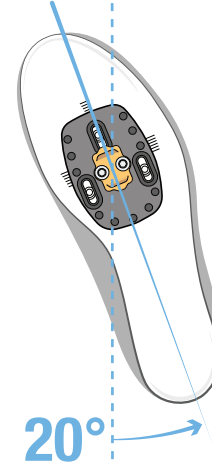
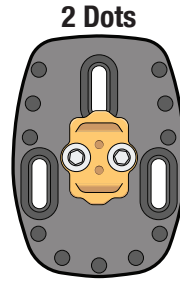


Place the cleat on the shoe so the bolt holes line up.

Each set of cleats comes with 2 different versions. One features 2 dots printed on the cleat and the other does not have and dots printed on it.

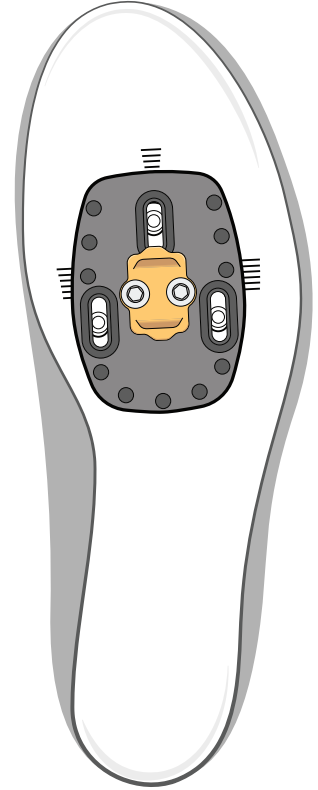


Putting the cleat with **no dots** on the **left shoe** will achieve **15° release** angle for both shoes.



Putting the cleat with **2 dots** on the **left shoe** will achieve **20° release** angle for both shoes.

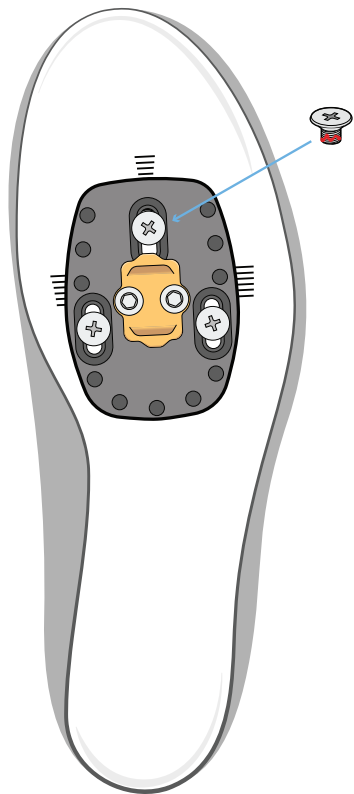
Decide which release angle option you'd prefer before moving on to the next step.



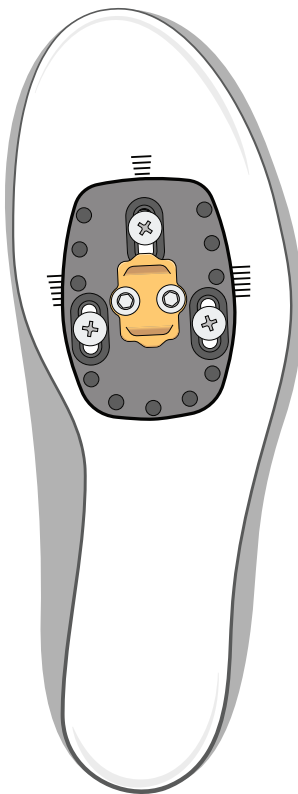
Place the cleat on the shoe so the bolt holes line up.

## Step 4: Finish the installation

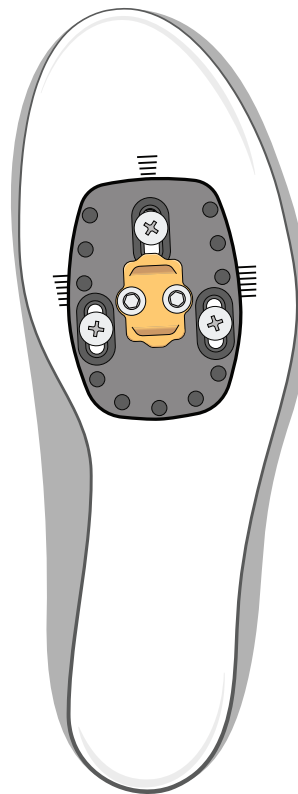
Secure the cleat to the shoe and install the tread.



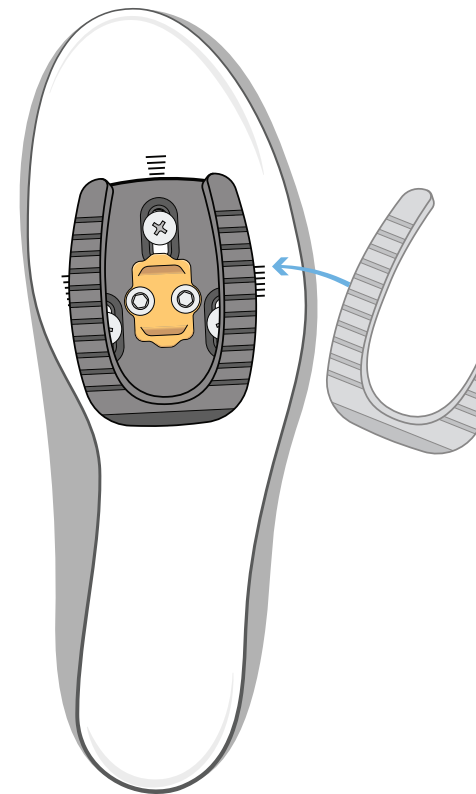
Lightly thread in the 3 cleat screws.  
We want to leave them slightly loose  
for the next step.



Position the cleat as desired.



Once you've positioned  
the cleat, tighten the screws  
to 4.5Nm.



Completely press the tread  
back on to the cleat base in  
direction shown above(gap  
facing forward).